

WE'RE READY

to get moving again!



There will be some changes you see around the club that will allow us to make sure everyone stays healthy and safe.

EMPLOYEE HEALTH AND HYGIENE

- Each team member will be required to sign a waiver stating they are in good health with no symptoms at this time each day.
- We are taking temperatures each day
- Hand washing, including washing with soap and water for at least 20 seconds will be required especially when working with clients
- Cleaning and front desk team will be using single use gloves for sanitation
- We will have increased cleaning of the equipment during the day by front desk team members - six or more times per day
- We have installed safety shielding at the front desk and sales to help reduce spread of water droplets from clients

FACILITY CLEANING AND SPACING

- At 53,000 Sq ft and four people per 1000 sq ft our allotted amount of members in the facility at any one point would be 212 members. Within each exercise room each member will still need to be six foot apart during classes so class size will be reduced to accommodate this
- Aqua classes will use the same distancing rules. We are only allowing 6 people in the hot tub at one time and 1 person per lane in the lap pool.
- While we have been closed we have disinfected and sanitized every portion of our club including locker rooms, showers, pools, vents for all rooms, childcare and group exercise
- Once open we have an increased frequency of cleaning especially in locker rooms and shower areas
- Our pools have chlorine and ozone cleaning systems that make them very safe. We have also increased the frequency of cleaning of the pool furniture
- We have assigned Brian Staude as our facility manager to ensure we are following all our pool regulations as Brian is full time and here more than other staff members
- All equipment has been spaced at least 6 ft apart or blocked off to keep people six feet away
- Floor markers are used to indicate proper social distancing for group exercise, and reception areas
- Cardio equipment has been blocked for proper spacing
- We have installed foot pulls on doors
- We have handwashing signage in all bathrooms and shower areas
- We have designated one area for deliveries and drop off materials and supplies

MEMBER CONSIDERATIONS

- Members will self check in - no touch
- We have and will continue to inform members not to come to the club if they do not feel 100%
- If we see any member with a cough or symptoms we will take their temperature and possibly restrict from the club for a 14 days period
- We have placed sanitizing wipes throughout the facility so that members can wipe down equipment after each use
- Members will be allowed to wear a mask but discouraged from exercising with a mask
- We are able to track when a member comes into the facility and via video we can tell when they leave. Also our video system would help us trace people who may get infected to reduce further spread

HOURS

We will be open full-time with our standard hours
Monday – Thursday: 5:00 a.m. to 10:00 p.m.
Friday: 5:00 a.m. to 9:00 p.m.
Saturday – Sunday: 6:00 a.m. to 7:00 p.m.

Summer Membership Staff Hours

Monday – Thursday: 8:00 a.m. to 7:00 p.m.
Friday – Saturday: 8:00 a.m. to 2:00 p.m.
Sunday: CLOSED

CHILDCARE

We will open childcare by appointment only to help us control volume and distancing issues. In addition, we will only be allowing 15 kids at one time at 1 hour max per child.

In addition to all this, we will be continuously monitoring the direction of the local health department and adjusting our procedures at their suggestions. This is our initial plan and these measure will be adjusted as conditions change. We strive to provide a fun and safe environment. To that end if you are uncomfortable coming in please wait until you feel you are healthy enough to join us. We have freeze options available that include online and on demand classes.

We look forward to welcoming you all back!

- *HF Management*