

# INNOV8

— FIT FOR LIFE —

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## Our INNOV8 Team Training Program provides:

- A periodized program designed to support a variety of fitness goals
- 45 minute total body strength/cardio formats
- InBody Scans to assess progress
- Complementary nutrition consultations
- Access to a private Facebook group for support and accountability
- Towel service
- Private side entrance to club
- Discounts on add-on services

## Pricing Options:

Unlimited Classes \$69.95/month



1X/Week \$34.95/month



Single Class \$15

30-day written notice is required to cancel or modify any commitment

QUESTIONS, CONTACT: (414) 529 - 9900 EXT. 741 | IHFINNOV8@GMAIL.COM

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**MYINNOVATIVEHEALTH.COM**

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